

REGISTRATION FORM

National Conference
on
“Yoga : Ancient Trends and Recent Advances” (YATRA)
19-20 January, 2019
Centre for Yogic Sciences
Jiwaji University, Gwalior- 474011-(M.P.)

Name.....

Designation.....

Mailing Address.....

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Mobile No

Phone..... (Res).....

Presenting a paper: Yes/No.....

Title of paper.....

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Accommodation is required: Yes / No

Place.....Dated.....

For more details, please visit: <http://www.jiwaji.edu>

The Registration fee should be paid electronically to

The Registrar, Jiwaji University, Gwalior

Central Bank of India

A/c No. 3190562389

IFSC code: CBIN0283189

MICR code: 474016012

Signature of Applicant

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National Conference on

Yoga: Ancient Trends and Recent Advances (YATRA)

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Organised by

Centre for Yogic Science
Jiwaji University, Gwalior (M.P.)



Sponsored by

University Grants Commission, New Delhi

Dear Friends,

It gives me immense pleasure to inform you that the Centre for Yogic Science, Jiwaji University, Gwalior is organising the National Conference on "Yoga: Ancient Trends and Recent Advances" (YATRA-2019) during January 19-20, 2019. The conference aims to provide a forum of eminent academicians and young researchers to exchange their views on the ancient trends and latest development and future trends in yogic activities. Eminent persons in the respective fields share their experience and knowledge with the participants, which in turn are expected to promote teaching, R & D and entrepreneurship activities in their respective fields.

ABOUT GWALIOR

Gwalior is an ancient and historical city in the state of Madhya Pradesh. It is situated 120 km from Agra and 389 km from Bhopal. It is well connected with Bhopal, Mumbai, Jaipur, Bangalore, Kolkata, Hyderabad and Allahabad by train and road. It is well connected to all major cities by road, rail, and air. It is a city of music, with richest musical tradition. The legendary musician Tansen belonged to Gwalior was one of the nine Jewels of Emperor of Akbar's court. It also has the credit of having the record of earliest inscribed zero which is situated in the Chaturbhuj temple at the Gwalior Fort. Most famous and memorable landmarks include Gwalior Fort, the tomb of famous musician Tansen, Jai Vilas Palace, the museum and the Sun temple. The city has been acclaimed as center of educational hub including institutes of national importance viz. Indian Institute of Information Technology and Management IIITM, Defense Research Development Establishment (DRDE), Indian Institute of Travel and Tourism Management (IITTM), Lakshmi Bai National University of Physical Education, Rajmata Vijayaraje Scindia Agriculture University, Raja Man Singh Music and Arts University.

OUR UNIVERSITY

Jiwaji University came into existence on May 23, 1964 through M.P. Government Ordinance number 15 of 1963. The foundation was laid on the campus of over 225 acres of Naulakha Parade Ground by the then President of India Dr. Sarvapalli Radhakrishnan on December 11, 1964. The University territorial jurisdiction extends over the districts of Gwalior, Bhind, Morena, Sheopur, Datia, Ashok Nagar, Shivpuri and Guna and covers more than 400 affiliated Colleges. The University has been awarded "A" grade in its 2nd cycle of assessment and re-accreditation by NAAC.

Centre for Yogic Science

The Centre for Yogic Science, Jiwaji University, Gwalior came into existence in 2001 under self-financing scheme (SFS) to start various courses on Yoga education. Since then the centre is running post graduate diploma in yoga therapy (PGDYT). In the session 2017-18, the centre has started MA course in Yoga (two years/four semester) and Post Graduate Diploma in Yoga (one year/two semester) under CBCS system.

Yoga being a system to link the man with the master has been practiced in India from thousands of years to overcome physical, mental and emotional distress. Even then it has not been recognized as a regular system of

education in the Universities/ Institutions.

In the changed scenario of the world in health management, and the new initiatives taken by Prime Minister, Govt. of India for declaring International Yoga Day on 21st June, yoga has been observed playing a vital role in physical health and stress management. Therefore, an innovative programme in this re-emerging area as Master of Arts in Yoga has been started to promote a proper healthy development of this ancient Indian wisdom as a tribute to our cultural heritage. This gives an opportunity to study the various dimension of yoga in a scientific spirit which will generate and channelize potential manpower for teaching, R & D, and entrepreneurship.

OBJECTIVES OF CONFERENCE

- To discuss ancient trends of different dimension of yoga leading to health and wellness.
- To discuss the current perspectives of different yogic activities.
- To view present scenario of human consciousness and yoga.
- To discuss innovative yogic aspects and reorienting existing yogic aspect for research & development.
- To discuss relevance and utility of yoga education in present scenario.
- To provide a platform to experts and academicians from different University/Institution for presenting their innovative and constructive ideas.
- To provide a leading forum for debate on important issues related to development for society with an approach to develop underprivileged communities and youth empowerment.
- To generate research and disseminate knowledge about sustainable development in health sciences through yoga.
- To establish an information exchange platform for research & development and teaching in yoga.

BROAD AREAS OF THE CONFERENCE:

- Hatha Yoga
- Yoga Philosophy
- Therapeutic Yoga
- Yoga and Education
- Yoga and Health
- Applied Yoga
- Diet and Nutrition
- Human Anatomy and Physiology
- General Psychology
- Naturopathy and Ayurveda
- Yoga and Personality Development
- Yoga and Stress Management

Call for Abstract

Original research papers are invited from the participants for oral/poster presentation. The delegate is required to submit the abstract to the email: skggwr@gmail.com. One page abstract (not more than 250 words) typed in Times New Roman Font (12 size) with single spacing between the lines should be submitted before the deadline.

Important Dates

Submission of abstract/paper by e-mail : 31st December 2018

Intimation of acceptance of paper : 5th January 2019

Submission of registration form : 10th January 2019

*The soft copy of the paper in Times New Roman, 12 points with title in 14 points, font and bold format is to be submitted to the Convener.

REGISTRATION FEES

Students	:	Rs. 1000/-
Academic person	:	Rs. 2000/-
Delegates from Industry	:	Rs. 3000/-

Accommodation

Accommodation will be provided to participants on request in University guest house/hostels. Request may be forwarded to the Convener latest by 10th January 2019.

Venue

**Galav Auditorium
Jiwaji University, Gwalior (M.P.)-474011**

Contact Address

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